

75 Koti Surya Namaskar Sankalp Programme



Date of the Event: 01/02/2022 to 07/02/2022

Venue of the Event: Shivaji Mahavidyalaya, Gadchiroli &
Gondwana University, Gadchiroli

Organizing Department: National Service Scheme

Objectives of the Event:

1. To create a culture of fitness and promote a healthy lifestyle through the practice of Yogasana.
2. To cultivate stillness and concentration of the mind.
3. To enable the student to have good health.


Brief Report:

The Volunteers of NSS has participated, "75 Koti Surya Namaskar Sankalp Programme" was taken on 05/02/2022 at 7.00 a.m. in the College Premises. Under the guidance of Hon'ble Principal, Dr. M. J. Meshram, and N.S.S. Programme Officer, Dr. J. G. Weekey, & Mr. S. P. Dhokane, Shivaji

Mahavidyalaya, Gadchiroli. Also, "75 Koti Surya Namaskar Sankalp Programme was taken under Gondwana University, Gadchiroli dated on 08/02/2022. On this occasion, all the N.S.S. Volunteers of all the colleges were called to join the event. In which, N.S.S. Unit of Shivaji Mahavidyalaya, Gadchiroli, under the guidance of N.S.S. Programme Officer, Dr. J. G. Weekey, Played important role in this drive. On this occasion, Hon'ble Dr. Prashant Shri Bokare, Vice-chancellor, Gondwana University, Gadchiroli, Hon'ble M.L.A. Dr. Devrao Holi, Gadchiroli Constituency. Hon'ble Chief Guest, Prof. Dr. Shriram Kawale, Pro-Vice-chancellor, Gondwana University, Gadchiroli. Hon'ble Dr. Shyam Khandare, Director, N.S.S. Department, Gondwana University, Gadchiroli, Hon'ble Anil Z. Chitade Sir, Registrar, Gondwana University, Gadchiroli, teaching and non-teaching /Staff and lot of students were prominently present. We all performed Yoga and Surya Namaskar under the guidance of Special Yoga Team.

Event Outcomes:

The practice of Suryanamaskar develop our mental and physical health. And, it benefits can be achieved by everyone for changing their lifestyle.


Officiating Principal
Shivaji Mahavidyalaya
Gadchiroli